

Welcome To Keyes Pool Summer 2013

It's that time of year to begin thinking about summer. We are excited to have a fun-filled swimming season!

Keyes Pool pre-season runs June 17 – June 21 with the following hours: Monday – Friday 3:30-7PM. Keyes Pool will open on June 22 for regular season hours as follows: Monday-Friday 12:30-7:00 PM; Saturday and Sunday 12:00-7:00 PM. Sunday is float day - bring a float and enjoy yourself!

Come celebrate July 4th at Keyes Park -- the pool will have FREE admission on July 4th (Rain date July 5th)!

Staff this season includes Gretchen Dunn as Pool Manager and Bonnie Cox as the Administrative Coordinator. Lifeguarding and WSI returning staff include Marisa M., Jack M., Kira L., Laura S., Gillian W., and David K.

American Red Cross swim lessons will continue this year and we expect the program to grow this summer. Our WSI certified instructors will offer 4 two-week sessions, 30 minutes per class; Monday-Thursday (Friday being the rain make-up day). Classes will run from June 24th-August 16th 10:15-10:45 AM, 11:00-11:30 AM and 11:45 AM-12:15 PM. NOTE: Thursday July 4 class will be held on Friday July 5.

Fun Day for all participants from our swimming lessons and swim team will be held August 16th-details later!!!!

We are continuing to offer our evening swimming lessons. We will offer our Red Cross & Aqua Animals swimming lessons. The classes will run from June 24th-August 16th 5:30-6:00 PM & 6:00-6:30 PM Monday-Thursday (Friday being the rain make-up day).

Our Aqua Animals program is designed for children ages 3-5 years and will help your child learn to swim in a small group environment with WSI certified instructors. Aqua Animals classes are offered the same dates and times as our ARC swim lessons. Parent and Child swim lessons are designed for children ages 6 months to 3 years along with their parent in the water and run Tuesday/Thursday 12:15-12:45 PM.

Our pool staff will continue to offer a Synchronized Swimming program which will focus on basic movements, development of routines and conditioning. This class is offered Tuesdays/Thursdays July 9th- August 15th from 12:15-12:45 PM and participants must be comfortable in deep water and submerging activities. The program will have a synchronized swimming show at the fun day on August 16th.

Milford Keyes Swim Team practices will run Monday-Friday June 19th-August 4th and a schedule of meets and times to be posted at the pool. Ages 4-19 are all welcome to join our Granite State Swimming Association Team Milford Keyes.

We will be offering a new swimming lesson course focusing on all competitive strokes, turns and starts. Our competitive coaches will offer 4 two-week sessions, 30 minutes per class; Monday-Thursday (Friday being the rain make-up day). Classes will run from June 24th-August 16th 9:30-10:00AM and 11:45AM-12:15PM.

For our seniors who want to stay active and cool off at Keyes Pool, Senior Water Fitness is a low impact water aerobics class offered Mondays/Wednesdays starting July 8th from 12:15-12:45 PM.

I look forward to another swimming summer at the Keyes!

*Gretchen Dunn
Keyes Pool Manager*